

# **Health and Wellbeing**

## **Working together to achieve priorities**

Angela Andrews – Chief Executive, City of Lincoln Council

Ian Fytche – Chief Executive, North Kesteven District Council

**Partners Away Day – 27 September 2022**

# What are we aiming to achieve today?

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- The health and wellbeing of our population is at a key point...
  - External factors... e.g. Cost of living crisis, climate change and covid recovery
  - Opportunities... e.g. development of ICS, engaged and inspired communities post Covid
- District Councils are committed to working with partners to tackle health inequalities... Today is a key part of that and our objectives are to:
  1. Provide an overview of the aims and objectives of the District Health and Wellbeing Strategy
  2. Understand the role all partners can play in delivering the strategy
  3. Highlight the barriers and challenges we all face
  4. Create an action plan together that will impact on the people of Lincolnshire
- Following the session we will be in touch to outline what we see as the next steps

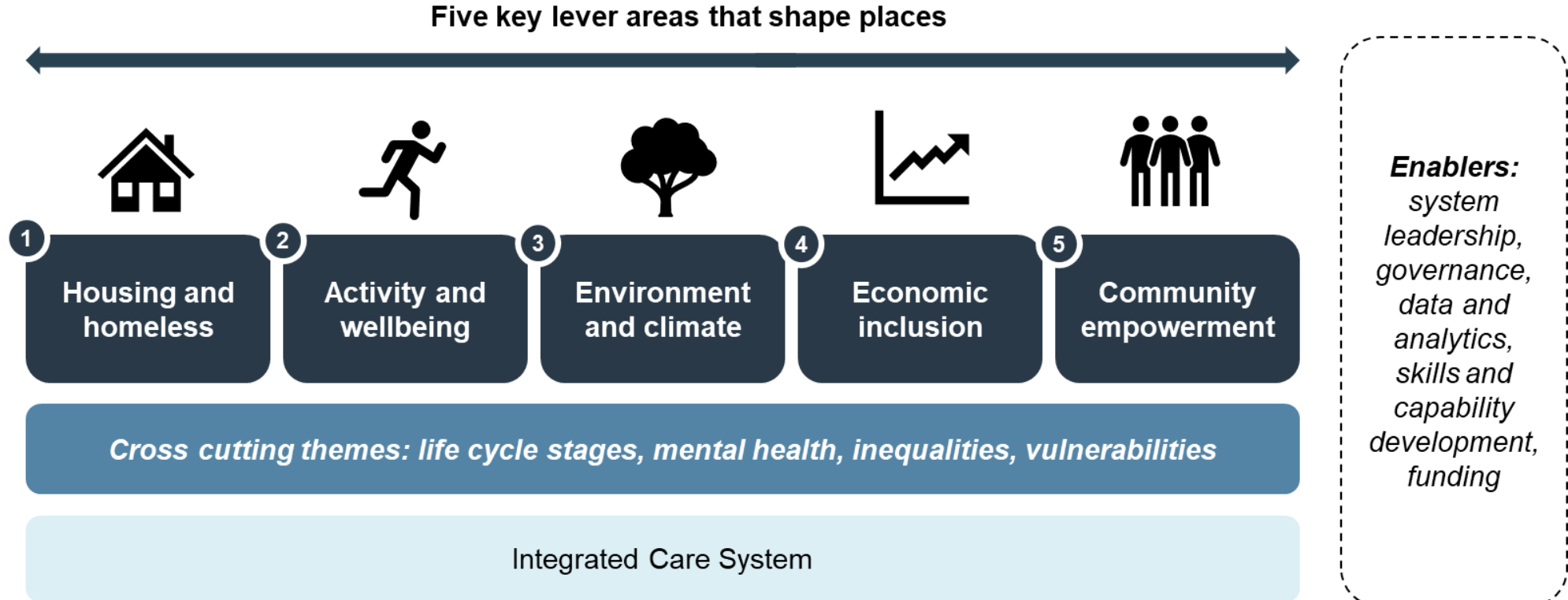
# Agenda for the Day

Time	Session	Lead
14:00	Welcome and overview of the Lincolnshire District Councils approach to Health and Wellbeing	Ian Fytche and Angela Andrews
14:20	Overview and Structure of the Day	Ken Lyon
14:25	Introducing ourselves... What do we do and where do we come from	Ken Lyon
14:35	Developing the Action Plan - Workshop Session 1 <ul style="list-style-type: none"><li>- Housing and Homelessness</li><li>- Activity and Wellbeing</li></ul>	Phil Roberts Diane Krochmal & Alice Atkins
15:10	Break	
15:25	Developing the Action Plan - Workshop Session 2 <ul style="list-style-type: none"><li>- Economic Inclusion</li><li>- Community Engagement</li></ul>	Francesca Bell Emily Holmes
16:00	Feedback and Next Steps	Ken Lyon

# **Working Together - The District Health and Wellbeing Strategy**

# The District Council “Levers” in tackling inequalities

- District Councils are committed to supporting the objectives of the ICS
- Key role in wider determinants of health and health of the population
- Identified five key “lever” areas of District Council influence





## Lever Area 1- Housing and Homelessness

**Overall objective: Improve the supply, quality and coordination of services to meet housing needs and demands**

Areas of Focus	Areas of Influence
Address the underlying causes of homelessness so that it becomes rare, brief and non recurring	<ul style="list-style-type: none"> <li>• Management of over 20k Council Houses across Lincolnshire</li> <li>• Regulation and enforcement of Private Sector Housing</li> <li>• Preventing homelessness via housing options team</li> <li>• Partnership with housing associations and developers to deliver more high quality, affordable homes</li> <li>• Supporting and undertaking housing adaptations</li> </ul>
Improving the supply of housing to meet needs and demands	
Improving the quality of existing accommodation to secure an overall improvement in the health and wellbeing of residents	
Coordination of partnership activity to provide improved housing choices	

## Lever Area 2 – Activity and Wellbeing



**Overall objective: To address inactivity across the county – improving access and opportunity for all residents to be active and participate by leveraging District knowledge and connection with people and places**

Areas of Focus	Areas of Influence
<p><b>Active place</b> - <i>Creating environments for people, of all ages, to have access to equitable access to safe places and spaces, in which to take part in regular physical activity</i></p>	<ul style="list-style-type: none"> <li>• Commissioning of Leisure facilities across Lincolnshire, including provision of accessible children’s and older people activity</li> <li>• Delivery and provision of parks and open spaces throughout our communities, including sports pitches, playparks</li> <li>• Direct engagement with residents via a range of means to enable promotion and accessibility of activity across our communities</li> <li>• A key place shaping and enabling role through planning policy and development</li> <li>• Working meaningfully and collaboratively with partners through Let’s Move Lincolnshire</li> </ul>
<p><b>Active people</b> - <i>Providing opportunities across the county for residents to participate in activity – in leisure, culture and community</i></p>	
<p><b>Active system</b> - <i>Working across the system in a co-ordinated way to tackle health inequalities, address long term health conditions and improve opportunities for prevention</i></p>	

## Lever Area 3 – Environment and Climate



**Overall objective: Improve understanding of the links between environment and health and maximise opportunities to deliver on both simultaneously**

Areas of Focus	Areas of Influence
Tackle Climate Change – Improve Air Quality	<ul style="list-style-type: none"> <li>• Provision and promotion of electric vehicle infrastructure</li> <li>• Management and enforcement of air quality zones</li> <li>• Education and opportunities to reduce, reuse, recycle via waste collection and communications</li> <li>• Regulation of the food sector, including encouraging healthy and sustainable food options</li> <li>• Investment in and promotion of a high degree of biodiversity in green spaces</li> </ul>
Tackle Climate Change – Reduce Carbon Emissions	
Awareness and Education	
Green Space	
Licensing and provision of healthy, sustainable food options	





## Lever Area 4 – Economic Inclusion

**Overall objective: Reducing economic inequality and alleviating poverty as a fundamental driver for improving mental and physical health and wellbeing**

Areas of Focus	Areas of Influence
People in employment	<ul style="list-style-type: none"> <li>Relationships with employers to develop and improve working conditions and skills development opportunities</li> <li>Targeted upskilling for those in industries susceptible to long term change or decline</li> <li>Provision of opportunities for residents to develop digital skills to access employment and services</li> <li>Develop an intervention programme to prevent poor health from being a barrier to employment</li> </ul>
Support for those most susceptible to economic change and transition	
Improving Digital Skills Programme	
Elimination of poor health as a barrier to employment	
Support development of health and care sector to improve provision	

## Lever Area 5 – Working with our Communities



Overall objective: Leverage unique links at place level to empower communities

Areas of Focus	Areas of Influence
Capture and build on district community engagement knowledge and expertise	<ul style="list-style-type: none"> <li>• Strong active, place based relationships with active VCS and community groups, communities and community leaders to support the development of an offer that meets demand going forward and addresses health inequalities</li> <li>• Development of networks and signposting opportunities related to community-based support and ensuring access to provision in identified areas of priority need</li> <li>• Harness Wellbeing Lincs as a powerful vehicle for sector and community co-production, collaboration and innovation</li> </ul>
Expand district participation in current sector discussions / forums	
Strengthen sector oversight, assurance and support	
Enhance and sustain voluntary sector engagement and contribution	
A strategic commissioning approach in Lincolnshire	
Wellbeing Lincs as a proven and trusted mechanism for collaboration and innovation	

# Lincolnshire's current 'levelling up' position 1/3

Indicator	Period	Unit	Boston	East Lindsey	Lincoln	West Lindsey	North Kesteven	South Holland	South Kesteven	National Average
Gross Value Added per hour worked	2019	Pounds	25.9	26	29.8	31.1	32.9	31.1	28	33.4
Gross median weekly pay	2021 provisional	Pounds	447.1	417.9	435.5	528.3	517.5	504.3	485.6	507.9
Employment rate for 16 to 64 year olds	2020	Percentage	74.3	70.3	66	67.8	75.3	73.9	72.5	75.9
Premises with gigabit capable broadband	May-21	Percentage	4.8	4.3	2.3	20.3	6.4	7	6.2	31.8
Average travel time to nearest employment centre with 500 to 4999 jobs by public transport or walking	2019	Minutes	14.8	18.6	9.3	16.7	16.8	20.1	13.9	12.3
Average travel time to nearest employment centre with 500 to 4999 jobs by public transport by cycle	2019	Minutes	11.8	17.3	8.4	15.5	14.7	15.9	12.8	10.5
Average travel time to nearest employment centre with 500 to 4999 jobs by public transport by car	2019	Minutes	8.2	10.3	7.2	9.5	9.4	9.9	8.6	7.9
Adults that currently smoke cigarettes	04/2020-12/2020	Percentage	7.4	13.5	13.2	12	8.2	15.2	10	12.0
Children (4 to 5 years old) overweight and obesity prevalence	2019/2020	Percentage	29	25.9	26.8	27.6	22.4	26.4	23.6	22.7
Adult (18+) overweight and obesity prevalence	2019/20	Percentage	71.1	73.3	57.6	59.2	66.3	67.3	66.3	63.2
Young people achieving GCSEs (and equivalent qualifications) in English and Maths by age 19	04/2020-03/2021	Percentage	59.8	69	68.1	77	75.1	70.2	76.5	71.4
Average life satisfaction rating	04/2020-03/2021	Rating	Unavailable	7.5	7.7	7.3	7.6	7.9	7.5	7.4
Average feeling that things done in life are worthwhile rating	04/2020-03/2021	Rating	Unavailable	8	8	7.9	7.9	8.3	7.6	7.7
Average happiness rating	04/2020-03/2021	Rating	Unavailable	7.7	7.5	7.4	7.6	7.5	7.7	7.4
Average anxiety rating	04/2020-03/2021	Rating	Unavailable	3.4	3.8	3.3	3.2	3.7	2.9	3.3

# Lincolnshire's current 'levelling up' position 2/3

District	Negative indicators	Positive indicators
Lincoln	<ul style="list-style-type: none"> <li>Employment rate</li> <li>Overweight children at reception age</li> <li>Anxiety</li> </ul>	<ul style="list-style-type: none"> <li>Overweight adults</li> <li>Life satisfaction</li> <li>Feeling life is worthwhile</li> </ul>
Boston	<ul style="list-style-type: none"> <li>Gross Value Added per hour worked</li> <li>Public transport/ walk to employment centre with 500 to 4999 jobs</li> <li>Overweight children at reception age</li> <li>Overweight adults</li> <li>GCSEs (and equivalent) in English and Maths by age 19</li> </ul>	<ul style="list-style-type: none"> <li>Cigarette smokers</li> </ul>
East Lindsey	<ul style="list-style-type: none"> <li>Gross Value Added per hour worked</li> <li>Gross median weekly pay</li> <li>Employment rate</li> <li>Public transport/ walk/ cycle/ drive to employment centre with 500 to 4999 jobs</li> <li>Overweight adults</li> </ul>	<ul style="list-style-type: none"> <li>Feeling life is worthwhile</li> <li>Happiness</li> </ul>

# Lincolnshire's current 'levelling up' position 3/3

District	Negative indicators	Positive indicators
West Lindsey	Employment rate Public transport/ walk/ cycle/ drive to employment centre with 500 to 4999 jobs Overweight children at reception age	Feeling life is worthwhile
South Holland	Public transport/ walk/ cycle/ drive to employment centre with 500 to 4999 jobs Overweight children at reception age Anxiety	Life satisfaction Feeling life is worthwhile
South Kesteven	Cycle/Drive to employment centre with 500 to 4999 jobs	Happiness
North Kesteven	Public transport/ walk/ cycle/ drive to employment centre with 500 to 4999 jobs	Anxiety Cigarette smokers Feeling life is worthwhile Happiness